



Team Building

Conversation Prompts

At Leadership Vision we have a saying, “A team is anyone a leader has invited to the table.” When the team gets to the table, then what? There is a reason your team is a team. Perhaps your team needs to accomplish some objectives or work a project together. Maybe you found this link and are looking for an exercise or a great team-building activity to help your team members get to know each other.

This team-building exercise is a simple practice to help you learn more about team members through relational questions and intentional conversations. Cohesive teams consist of people who understand themselves, their influence, and have a curiosity to understand others.

How to use this tool

- As the facilitator, read the introduction below to your group.
- Choose one or both of the conversation prompts listed above.

- Read the question or prompt aloud. As a facilitator, set the tone by answering first.
- Discuss your answers to the prompts below in pairs, as a whole group or a mix of both.
- Let everyone at the table briefly share their answer.
- If you have time, ask team members “What stood out?” Perhaps themes from the sharing emerged.
- Thank your team members for sharing and participating in the exercise.

Introduction

All good meetings start with a reason for gathering. The purpose of this team exercise is to promote a greater understanding of yourself and each other. Today we are going to get to know each other in a new way.

Conversation Prompt #1

From time to time, it is important to pause and remind ourselves who is on our team. People are more than what they do or how they contribute. This relational prompt reminds us each person has a unique story.

- Name a person who or place that has shaped who you are today.
- List 1 - 3 specific things that shaped you.

Conversation Prompt #2

Those invited to the table bring a host of experiences good and bad to working on a team. This intentional prompt is designed to create a deeper connection among those invited to the table.

- Think of a memorable team you have been on.

- What made that team memorable?
- What contributions did you make to the team?

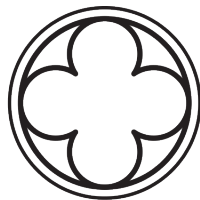
Conclusion

We are so glad you are entering into your journey of discovering more about your team members. Successful teams are curious about each other, and strive to grow in their understanding of self, and others. These two conversation prompts are part of a larger series of team building questions we pose with teams of all levels. They are meant to start what we hope will be an ongoing conversation.

We challenge you to take the next step and work through the prompts above with members on your team, and process these additional questions:

- What have you learned about yourself?
- What was the greatest insight you had into another team members?
- Who do you want to get to know on a deeper level?

For more information about applying what you learned in this activity, contact us at connect@leadershipvisionconsulting.com. We would love to hear any new insights you may have gleaned, and help you think about the next steps in your Strengths journey.



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